

Greater San Marcos Youth Council April 2024

"Helping build strong families for a stronger community, since 1986."

-Youth Counseling -- Youth & Family Advocacy -- Parenting Education Program -- (NFSN) National Family Support Network -

<u>All services are free of charge for Hays County</u> <u>Youth ages 6-17</u> <u>Bilingual services are also provided</u> <u>Newsletter</u> <u>Highlights</u>

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24-hour toll-free crisis hotline available all year round (800) 457-0797

Phone:512-754-0500 Address: 1402 N IH35 San Marcos, TX 78666





Youth fest SILENT DISCO

GSMYC danced the night away at the Youth Fest Silent Disco!

Special thanks to our Core Four Youth Coalition partners for having us!



NATIONAL FAMILY SUPPORT NETWORK PROGRAM (NFSN)

This March, our NFSN monthly program was hosted by our agency. Families enjoyed dinner together and participated in an egg hunt. What is a rabbit's favorite jewelry?

A 24-carrot gold ring. APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH

Join GSMYC by wearing blue on Friday, April 5th for #GoBlueDay as we empower our community by showing our support for Child Abuse Prevention.

National Child Abuse Prevention Month

Risk Factors

Parental Stress

Protective Factors

Lack of Resources

Substance Misuse

Parental Resilience

Knowledge of Parenting and Child Development Social Connect<mark>ions</mark>

> Support in Times of Need

The best gift you can give your child is YOU. The love and attention you provide now will stay with your child forever.

Join our Parent Café group for peer-to-peer support or any parent group to build social connections. Being a parent isn't easy. Offer a helping hand to care for children so the parent(s) can rest or spend time together.

If the big and little problems of your everyday life pile up to the point you feel overwhelmed or out of control – take time out.

For more info. visit: <u>www.dfps.texas.gov</u>

Local Resources

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CENTRAL TEXAS FOOD BANK

The Central Texas Food Bank is the largest hunger relief charity in Central Texas. They share free food and knowledge on low-cost, healthy eating with families in need.

> (512) 282-2111 www.centraltexasfoodbank.org/foodassistance/get-food-now

EASTERSEALS OF CENTRAL TEXAS

Easterseals is committed to expanding local access to healthcare, education, and employment opportunities. They are prepared to respond to the needs of people with disabilities, families, and communities with outcomes-based services, providing support throughout the lifespan. All services are provided in both English and Spanish.

> 2324 Ridgepoint Dr # F1 Austin, TX 78754 (512) 615-6800 www.easterseals.com/centraltx

FOR ADDITIONAL RESOURCES CALL 2-1-1, OR VISIT WWW.211.ORG

EARTH DAY APRIL 2024 FREE LOCAL EVENTS

APRIL FOOL'S DAY CRAFT APRIL 1ST 2:00 PM - 3:00 PM SAN MARCOS PUBLIC LIBRARY WILD WEDNESDAYS EVERY WEDNESDAY STARTING APRIL 3RD 8:00 AM - 12:00 PM 1:00 PM - 5:00 PM SAN MARCOS DISCOVERY CENTER

FRIENDS OF WIMBERLEY PARKS CONCERT SERIES EVERY FRIDAY STARTING APRIL 5TH 6:00 PM TO 8:00 PM BLUE HOLE REGIONAL PARK 333 BLUE HOLE LN WIMBERLEY, TX OUTDOOR FAMILY CRAFT TIME APRIL 6TH 12:00 PM - 2:00 PM THE PATIO @ IMAC 121 MAIN ST. BUDA, TX

EARTH DAY APRIL 2024 FREE LOCAL EVENTS





SOLAR ECLIPSE WATCH PARTY APRIL 8TH 11:00 AM - 2:00 PM SPORTSPLEX 310 BUDA SPORTSPLEX DR. BUDA, TX

KYLE MARKET DAYS APRIL 13TH 8:00 AM - 1:00 PM MARY KYLE HARTSON PARK 101 S. BURLESON ST. KYLE, TX

STAR GAZING PARTY APRIL 13TH 7:30PM BLUE HOLE REGIONAL PARK 333 BLUE HOLE LN. WIMBERLEY, TX



PARTY IN YOUR PARK APRIL 19TH 5:00 PM - 8:00 PM MILL STREET PARK 215 MILL STREET SAN MARCOS, TX

How can you help?

Our community members can help by being kind to each other. They can help by spreading the word about our agency and by donating monthly; even a small amount can make a big difference when leveraged with other dollars by an agency spending 90% on those it serves. Those raising children can help by taking good care of themselves so they can continue to care

> for others. -Ex. Dir. Julia R. New



GSMYC will always use your generous support to fulfill our mission of sheltering children and strengthening families. You can rest assured that the decision to share with those served in our shelter and those children and families experiencing crisis results in a minimum of .85 cents of every dollar spent to impact their lives positively.



Scan. Pay. Go.



PayPal and Venmo are other options to donate by searching "GSMYC". Easily transform everyday shopping.

Use Giving Assistant to save money and support Greater Sen Marcos Youth Council

Start Saving & Giving Free

Donate 3-30% of every purchase

while you shop online at places like

Best Buy.